

COAST SOCCER PDI MATRIX

Use this PDI Matrix to ensure your club and teams are prepared. Please note that USYS have implemented new age group rules for 2026. Please adjust your rosters accordingly.



Players Birth Year	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007
Jan. through July	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18	U19	N/A
Aug. through Dec.	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18	U19

SPRING 2026

Age Group	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18	U19
Players Birth Year	2019 / 2018	2018 / 2017	2017 / 2016	2016 / 2015	2015 / 2014	2014 / 2013	2013 / 2012	2012 / 2011	2011 / 2010	2010 / 2009	2009 / 2008	2008 / 2007
Field Size	Length 55-65 Width 35-45	Length 55-65 Width 35-45	Length 55-65 Width 35-45	Length 70-80 Width 45-55	Length 70-80 Width 45-55	FIFA Standard	FIFA Standard	FIFA Standard	FIFA Standard	FIFA Standard	FIFA Standard	FIFA Standard
# Of Players On Field	7v7	7v7	7v7	9v9	9v9	11v11	11v11	11v11	11v11	11v11	11v11	11v11
Goalkeeper	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
Heading	NO	NO	NO	NO	YES	YES	YES	YES	YES	YES	YES	YES
Build Out Line	YES	YES	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Match Time	2x 25 Mins	2x 25 Mins	2x 25 Mins	2x 30 Mins	2x 30 Mins	2x 35 Mins	2x 35 Mins	2x 40 Mins	2x 40 Mins	2x 45 Mins	2x 45 Mins	2x 45 Mins
Half Time Break	10 Min	10 Min	10 Min	10 Min	10 Min	15 Min	15 Min	15 Min	15 Min	15 Min	15 Min	15 Min
Ball Size	4	4	4	4	4	5	5	5	5	5	5	5
Goal Size	6 x 18 to 7 x 21	6 x 18 to 7 x 21	6 x 18 to 7 x 21	6 x 18 to 7 x 21	6 x 18 to 7 x 21	8 x 24	8 x 24	8 x 24	8 x 24	8 x 24	8 x 24	8 x 24
Offsides	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
Min. Registration Roster Size	4	4	4	7	7	7	7	7	7	7	7	7
Max Registration Roster Size	12	12	12	16	16	18	22	22	22	22	22	22
Max Game Time Roster Size	12	12	12	16	16	18	18	18	18	18	18	18